NOTICE (2020-2021) (STUDENTS)

This is to inform all the students that on 21st June 2020 'International Yoga Day' will be celebrated by the Physical Education and Sports Department of College.

All the students are requested to kindly take note of the same.

Date: 14th June, 2020

(Dr. M. R. Patil)

Principal

ACTIVITY REPORT

Submission Date: 21/06/2020

Course Name : B.Com and B.A.B.Ed

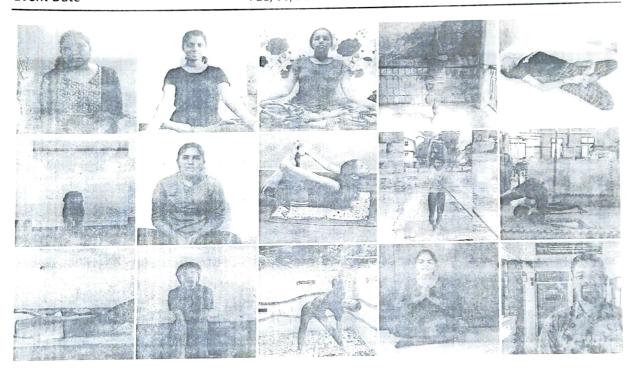
Department Name : Department of Physical Education and Sports

Nature of Activity : Yogasana

Name of the Activity : International Yoga Day 2020
Activity in-Charge : Miss Vaibhavi P. Chodankar

Activity Venue : Online

Event Date : 21/06/2020



Report

Vidhya Prabhodini College celebrated World Yoga Day on 21st June, 2020. This year due to novel COVID-19 Department of Physical Education and Sports decided to come up with a Video and highlighting the importance of Yoga in our livelihood.

Miss Vaibhavi P. Chodankar College Director of Physical Education and Sports allotted the task to 15 students to record themselves while performing a particular asana. Mr. Shailesh G. Chodankar Asst. Professor in Physical Education assisted Miss Vaibhavi Chodankar in assigning the task and also to prepare a video. Mr. Kalidas Mhamal Asst. Professor in Fine Arts also helped in celebrating Yoga Day.

In the Video, Miss Vaibhavi Chodankar welcomed the viewers on behalf of Vidya Prabodhini College team, Miss Arusha Mahale briefly introduced the viewers about International Yoga Day whereas Miss Shreya Fadte highlighted on importance of Yoga in our day today life and Mr. Shailesh G. Chodankar concluded with vote of thanks.

Later these all videos were clubbed together and uploaded on Instagram (Social Media) and told other

students to view it

Miss Vaibhavi P. Chodankar

Activity In-charge

(D. M.R. Patil Principal

International Yoga Day

Date: 21/6/2020

