

**NOTICE
STUDENTS
(2022-23)**

This is to inform all the students that the Department of Physical Education and Sports of the college will be organizing 15 days workshop on Self Defense for the students from 26th August 2022.

All the interested students are requested to give their names to Shri. Sunny Kanekar or Shri. Shailesh Chodankar.

Date: 20th August 2022



A handwritten signature in blue ink, appearing to be "Sunny Kanekar".

PRINCIPAL



ACTIVITY REPORT

Submission Date:

Course Name : B.Com/B.A.B.Ed
Name of the dept. : Department of Physical Education and Sports
Name of the activity : Self Defense Workshop (Students)
Activity In-charge : Sunny R. Kanekar, Dr. Shailesh G.
Chodankar and Mr. Swapnil Gaonkar
Activity Venue : College Stilt
Event Date : 26th August 2022

Report

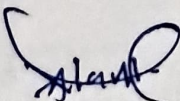
Department of Physical Education and Sports, Vidya Prabodhini College of Commerce, Education, Computer and Management, Parvari-Goa in association with Alumni Association of the college had organized 15 Days Self Defence Workshop for the students of Vidya Prabodhini college.

10 Boys and 18 Girls participated in this workshop. The workshop was conducted by an Alumni students of this college Mr. Pradosh Parmekar, who is National and University Judo Player and a well known fitness trainer.

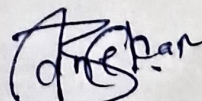
The objective of the workshop was to teach students self defense skill which is very important for safety of an individual. Another objective was also to train individuals in the society to help others during emergency.

The department was also keen on convincing students to Participate in Judo competition organized by Goa University through this Self defense course.




Dr. Bhushan V. Bhawe
Principal
28/08/2022




Mr. Sunny R. Kanekar
Activity in-charge



‘Workshop on Self Defence’ held on 26-08-2022





॥ विद्या सर्वस्य भूषणम् ॥

PRABODHAN EDUCATION SOCIETY'S

VIDYA PRABODHINI COLLEGE OF COMMERCE, EDUCATION, COMPUTER & MANAGEMENT

(Recognised by Govt. of Goa, UGC under Section 2(f) and 12 (B) of the UGC Act 1956 & Affiliated to Goa University) and Approved by NCTE

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