


NOTICE
Teaching and Non-Teaching staff
(2021-22)

The NSS unit of our college is organizing a seminar and demonstration on Suryanamaskar on the occasion of Makar Sankranti, on 14th January 2022 for teaching and non-teaching staff. All are requested to attend the function without fail.

Date: 10th Jan. 2022




(Principal)



ACTIVITY REPORT

Submission Date:

Department Name : NSS
Nature of the Activity : Suryanamaskar
Name of the Activity : Suryanamaskar
Activity In-Charge : Yogita Chodankar
Activity Venue : F.Y.B.Com - A
Event Date : 14th January 2022

Resource Person Details

Name : Mr. Sunny Kanekar, Mr. Shailesh Chodankar
Organisation : Vidya Prabodhini College

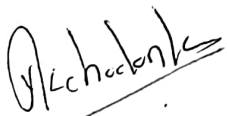


Report


On the occasion of Makar Sankranti NSS Unit had organized session cum demo on Surya namaskar on 14th January 2022 in the College. The objective of the program is to create awareness among the faculty and staff about physical fitness through Surya Namaskar.

Shri. Shailesh Chodankar, Asst. Prof in Physical Education and Shri. Sunny Kanekar college Director of physical Education and Sport guided the staff to perform Surya Namaskar.

37 Staff of the College actively participated in the program. The faculty members continued to perform Surya Namaskar the guidance of Physical Education faculty till 31st January 2022. The entire program was planned and executed by Ms. Yogita Chodankar, NSS PO of the College.


Activity In-charge

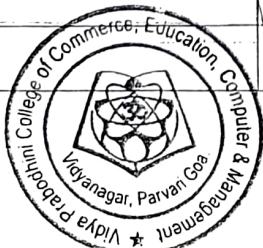



Principal

The following Faculty members participated in the Program of
Makar Sankranti and participated and performed Suryanamakar.
on 14th January 2021

TEACHING STAFF:-

Sr.	Name	Sign.	Sr.	Name	Sign.
1	Dr. Anil Thosare	A	24	Shri. Darshan Kandolkar	Dh
2	Shri. Arun Marathe	B	25	Mr. Rahul Gawas	R
3	Dr. Ujvala Hanjunker	U	26	Mr. Shailesh Chodankar	Sh
4	Shri. Sunny Kanekar	S	27	Mr. Saish S. Nayak Dalal	S
5	Shri. Rudresh Mhamal	R	28	Ms. Dhanshri S. Balo	D
6	Dr. Pinkesh Dhabolkar	P	29	Shri. Nitesh Naik	N
7	Dr. Varsha Ingalhalli	V	30	Ms. Prerna S. Palekar	P
8	Shri. Kedarnath Tadkod	K	31	Ms. Priyanka R. Pednekar	P
9	Shri. Sunny Pandhre	P	32	Ms. Pradnya D. Tari	P
10	Shri. Darshan Gaonkar	D	33	Ms. Shrishti S. Tamankar	S
11	Shri. Pankaj Shirodker	P	34	Ms. Pragati P Joshi	P
12	Ms. Shamal Dessai	S	35	Mr. Nikhil G.D. Lotlikar	N
13	Dr. Sagar Mali	S	36	Ms. Swapnil S Naik	-
14	Shri. Uaddhav Pol	U	37	Ms. Achielia Marie J. Fernandes	-
15	Ms. Priya Gosavi	-	38	Ms. Kavita Gawas	-
16	Shri. Gautam Gaude	G	39	Mr. Sandesh M. Gawas	-
17	Dr. Sangeeta Dessai	-	40	Ms. Radhika Gurav	R
18	Dr. Manisha Kulkarni	M	41	Ms. Priyanka N. Naik	-
19	Dr. Sonali Shankwalker	S	42	Ms. Rupali C. Harmalkar	-
20	Shri. Kalidas Mhamal	K	43	Ms. Sima S. Arondekar	-
21	Shri. Kuldeep Kamat	K	44	Ms. Kajol Mangueshkar	-
22	Ms. Yogita Gauns	Y	45	Ms. Sonali B. Naik	-
23	Ms. Yogita Chodankar	Y	46	Ms. Rachi Dessai	-
			47	Ms. Minaxi P Gawas	-



(Signature)



PRABODHAN EDUCATION SOCIETY'S
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(Recognised by Govt. of Goa, UGC under Section 2(f) and 12 (B) of the UGC Act 1956 & Affiliated to Goa University) and Approved by NCTE
Accredited by NAAC with B+ Grade on a Seven Point Scale under New Framework (1st Cycle)



Event: Surya Namaskar

Date: 14/1/2023





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