

ACTIVITY REPORT

Event Details



Name of the Event: One day Seminar on 'Polycystic Ovarian Syndrome and it's management and prevention through Ayurveda'.

Academic Year: 2023-24

Type of the Event: Symposium

Reach of the Event: Local

Mode of Event: Offline

Date of Event: From 22-12-2023 To 22-12-2023

No of Day(s): One-Day

Venue: S.Y.B.Com.A

Objectives of the Event: 1. Making the students especially girl child aware about the PCOS (Polycystic Ovarian syndrome)

2. Awareness about prevention of this syndrome

3. Considering the problems faced by girl child and women during menstruation

Outcomes of the Event: 1. Students were made aware about the various needs of our body during menstruation.

2. Provided information about an excellent contribution of ayurveda in preventing PCOS

3. Helped in clearing the various doubts regarding the problems faced by girl child/Women were enthusiastically solved.

A brief write-up about the Event (in about 300 words):

The women Cell Committee of Vidya Prabodhini College of Commerce Education, Computer and management in collaboration with All India Institute of Ayurveda , Ministry of Ayush Government of India had organised a One day seminar on the topic 'Polycystic Ovarian Syndrome and it's management and prevention through Ayurveda.' The resource person for the seminar was Dr. Akhila M. (MS Prasutitantra and striroga PHD Ayu and Assistant Professor department of Prasutitantra and striroga, AIIA Goa.) The gathering was welcomed by our Vice Principal Dr. Anil Thosre. Our resource person was introduced by Ms. Prarthi Kandolkar followed by welcoming the resource person by presenting a memento at the hands of Dr. Anil Thosre sir. The resource person provided us valuable information about different food habits we should accept and avoid to prevent PCOS and also provided great knowledge about the usage of ayurveda for tackling the problems during menstruation. Her talk was followed by an interactive doubt solving session. Ms. Tisha Chopdekar was the compare for the programme and the vote of thanks was proposed by Ms. Pinaki Pednekar. The seminar was attended by the students of S.Y.B.A.B.Ed and the teachers of our college. The event was a great success under the guidance of the Convener of Women Cell Committee of our College Dr. Priya Gosavi Assistant Professor in Hindi.

Event Category: Co-curricular

Details about the external Collaborating/Associating agencies

Name of the collaborating agency: All India Institute of Ayurveda , Ministry of Ayush Government of India

Address: All India Institute of Ayurveda, Dhargal, Goa.

Nature of the Collaboration: Collaboration

Participants' Details

Expected number of Participants:

Local	State	National International	Total Delegates
75	0	0 0	75

Resource Persons' Details

Name of the Resource person: Dr. Akhila M.(MS Prasutitantra and Striroga (PhD Ayu) Assistant Professor

Department of Prasutitantra and Striroga, AIIA Goa

Institutional Affiliation: Department of Prasutitantra and Striroga, AIIA Goa, All India Institute of Ayurveda, Dhargal, Goa.

Area of expertise(in brief): Infertility, Fibroid, Endometriosis, Menopause, Antenatal care and Postnatal Care)

Event Coordinator Details

Name of the Department/Committee: Women Cell Committee

Name of the Event Co-ordinator: Dr. Priya Gosavi.(Assistant Professor in Hindi)

Event Co-ordinator email address: priyagosavi28@gmail.com

Event Co-ordinator Mobile Number: 8007170543/ 9373335826

Signature of the Coordinator:



Signature of the Head of the Department:



Signature of the Principal:



Date: 03-01-2024

06/01/2024

Place: Parvari, Goa.

Prabhodan Education Society's
**VIDYA PRABODHINI COLLEGE OF COMMERCE, EDUCATION, COMPUTER AND
 MANAGEMENT, ALTO-PARVARI-GOA**
STUDENT ATTENDANCE RECORD

Name of The Event: Seminar on "Polycystic Ovarian Syndrome and its prevention and management through Ayurveda"

Department : Women Cell Committee Event Date: 12/12/2023

Class & Div: SYBABEd B/A / SYBCOM A / FYCOM A

Sr.No	Name of the Student	Signature
1.	Tisha Chopdekar	Tchopdekar
2.	Priathi Kandolkar	Pkandolkar
3.	Meetali Halankar	MHalankar
4.	Pinaki P. Pednekar	PPPednekar
5.	Riya R. Gawas	Rgawas
6.	Manisha G. Bismamnekar	MBismamnekar
7.	Rupali G. Doifode	RDoifode
8.	Shruti S. Bagli	SBagli
9.	Anuja S. Jalmi	AJalmi
10.	Khushi B.P. Parab	KParab
11.	Kartavi J. Satarkar	KSatarkar
12.	Lakshata S. Gaude	LGaude
13.	Vaibhavi D. Kankonkar	VKankonkar
14.	Savita B. Shetkar	SShetkar
15.	Saisha P. Velip	SVelip
16.	Sanika S. Mone	SMone
17.	Khushi S. Karekar	KKarekar
18.	Deepthi N. Gaude	DGaude
19.	Dewshree Chavan	DChavan
20.	Nandini Naik	NNaik
21.	Avani G. Desai	ADesai

22.	Gauravi .U. Kerkar	<u>Gurkar</u>
23.	Antaksha D. Ghadi	<u>Ahadi</u>
24.	Ashweta S. Chavi	<u>Ash</u>
25.	Rakshanda R. Pawab	<u>Ravab</u>
26.	Ayushi Gavande	<u>Gavande</u>
27.	Anamika Narak	<u>Narak</u>
28.	Santia Godinho	<u>Godinho</u>
29.	Saimah Mamtekar	<u>Saim</u>
30.	Esha Naik	<u>Esha</u>
31.	Sangeeta Thatani	<u>Thatani</u>
32.	Durga Naik	<u>Naik</u>
33.	Shravani .A. Tambankar	<u>Tambankar</u>
34.	Simran .P. Virnekar	<u>Virnekar</u>
35.	Puja C. Gaunce	<u>Gaunce</u>
36.	Siddhika S. Pinge	<u>Pinge</u>
37.	Vaishnavi .V. Khosijurkar	<u>Khosijurkar</u>
38.	Siddhi .K. Narvekar	<u>Narvekar</u>
39.	Teesha .D. Nipanikar	<u>Nipanikar</u>
40.	Saloni More	<u>More</u>
41.	Richa Haldankar	<u>Haldankar</u>
42.	Sachi Pednkar	<u>Pednkar</u>
43.	Alisha Shetye	<u>Shetye</u>
44.	Geetika Betodkar	<u>Betodkar</u>
45.	Sakshi Sakhalakar	<u>Sakhalakar</u>
46.	Pallavi Mandhakar	<u>Mandhakar</u>
47.	Tanaya Tari	<u>Tari</u>
48.	Parvi Avkhale	<u>Avkhale</u>
49.	Slenkita .S. Mardolkar	<u>Mardolkar</u>

50.	Nishita Narvekar	<u>Narvekar</u>
51.	Harshada Kulkar	<u>Kulkar</u>
52.	Shreya Gaude	<u>Gaude</u>
53.	Siddhi Sawant	<u>Sawant</u>
54.	Dhanashri Patil	<u>Patil</u>
55.	Saloni Phadte	<u>Phadte</u>
56.	Namulata Raut	<u>Raut</u>
57.	Siya Gaonkar	<u>Gaonkar</u>
58.	Spurki Parwar	<u>Parwar</u>
59.	Trisha S. Gaude	<u>Gaude</u>
60.	Navita Y. Khandeparkar	<u>Khandeparkar</u>
61.	Sanjita Narvekar	<u>Narvekar</u>
62.	Zubiya Jawali	<u>Z. Jawali</u>
63.	Disha Meena	<u>Meena</u>
64.	Santoshi Pednekar	<u>Pednekar</u>
65.	Netrou Lamani	<u>Lamani</u>
66.	Pooja Gupta	<u>Gupta</u>
67.	Sakshi Zunjam	<u>Zunjam</u>
68.	Siddhi Dabthale	<u>Dabthale</u>
69.	Trisha Pednekar	<u>Pednekar</u>
70.	Saushthi Desai	<u>Desai</u>
71.	Ms. Richa Chimmalkar	<u>Chimmalkar</u>
72.	Ms. Sonam Mr. Pawekar	<u>Pawekar</u>
73.	Ms. Nikita Skirodkar	<u>Skirodkar</u>
74.	Ms. Pradnya Tari	<u>Tari</u>
75.	Ms. Asha Naik	<u>Naik</u>

Teachers:-

Priya Gosavi
22/12/2023

Name and Sign of Coordinator: Dr. Priya Gosavi (Assistant Professor in Hindi)