



॥ विद्या सर्वस्य भक्षणम् ॥

Prabodhan Education Society's

**VIDYA PRABODHINI COLLEGE**  
**OF COMMERCE, EDUCATION, COMPUTER & MANAGEMENT**  
PARVARI, GOA.

**DEPARTMENT OF PHYSICAL EDUCATION AND SPORTS**

**2018-2023**

**EXCELLENCE**  
**EVERYWHERE**  
**EVERYTIME**

**EXCELLENTIA**

(Recognised by Govt. of Goa, Affiliated to Goa University & Approved By NCTE)  
(Recognised by U.G.C, under section 2(f) and 12(B) of the UGC Act 1956)  
Accredited by NAAC with Grade 'B+' (CGPA Score 2.73 on a seven point scale)  
in the first cycle under new framework

# SPORTS FACILITIES IN COLLEGE CAMPUS



## SPORTS ROOM

Used for Playing

- Table Tennis
- Carrom
- Chess
- Recreational Games
- Gymnasium

## COLLEGE GROUND

Used for Playing

- Volleyball
- Kho - Kho
- Athletics Throwing Events
- Other Outdoor Activities



## OPEN STILT AREA

Used for Playing

- Judo
- Taekwondo
- Yog
- Aerobics
- Recreational Activities

## RAJANGAN

Used for Playing

- Kabaddi
- Dodge Ball
- Tug of War
- Tennikoit
- Outdoor Badminton



## **A SPORTSMAN'S PRAYER**

**Dear Lord,**

In The Battle That Goes On Through Life  
I Ask But, A Field That Is Fair,  
A Chance That Is Equal With All In The Strife,  
A Courage To Strive And To Dare;

And If Should Win, Let It Be By The Code  
With My Faith And My Honour Held High;  
And If I Should Lose, Let Me Stand By The Road,  
And Cheer As The Winners Go By.

And Lord, May My Shouts Be Ungrudging And Clear,  
A Tribute That Comes From The Heart,  
And Let Me Not Cherish A Snarl Or A Sneer  
Or Play Any Snivelling Part;

Let Me Say, "There They Ride, On Whom Laurel's Bestowed  
Since They Played The Game Better Than I."  
Let Me Stand With A Smile By The Side Of The Road,  
And Cheer As The Winners Go By.

So Grant Me To Conquer, If Conquer I Can,  
By Proving My Worth In The Fray,  
But Teach Me To Lose Like A Regular Man,  
And Not Like A Craven, I Pray;

Let Me Take Off My Hat To The Warriors Who Strode  
To Victory Splendid And High,  
Yea, Teach Me To Stand By The Side Of The Road  
And Cheer As The Winners Go By.

**-Berton Braley**

# **CREDITS**

**Excellentia 2018 - 2023**

Typesetting/ Cover/ Design

**Dr. Sunny R. Kanekar**

**Dr. Shailesh G. Chodankar**

**Mr. Swapnil S. Gaonkar**

No. of Copies

**11**

Date of Publication

**November , 2023**

Published by

**The *Principal*,**

Vidya Prabodhini College of Commerce,

Education, Computer and Management,

Parvari Goa.

(for Private Circulation only)

# INDEX

<b>Content</b>	<b>Page</b>
<b>STAFF PROFILE</b>	<b>1 - 3</b>
<b>BEST PRACTICES DEPARTMENT OF PHYSICAL EDUCATION</b>	<b>3</b>
<b>EX- STUDENTS PERSUED HIGHER EDUCATION IN SPORTS</b>	<b>4 - 5</b>
<b>EX- STUDENTS RECRUITED THROUGH SPORTS QUOTA</b>	<b>6 - 8</b>
<b>STUDENTS PARTICIPATION AT INTER - COLLEGE COMPETITION</b>	<b>9</b>
<b>% OF STUDENTS PARTICIPATION AT INTER - COLLEGE COMPETITION</b>	<b>10</b>
<b>PERFORMANCE OF STUDENTS AT INTER - COLLEGE COMPETITION</b>	<b>11</b>
<b>PERFORMANCE OF STUDENTS AT NATIONAL LEVEL COMPETITION</b>	<b>12</b>
<b>YEARWISE BENEFICIARIES OF SPORTS MERIT MARKS</b>	<b>13 - 14</b>
<b>ACADEMIC YEAR 2018 - 2019</b>	<b>15 - 22</b>
Achievements and Participation at National Level competition	15 - 18
Achievements at Inter - Collegiate Level competition	19 - 21
Inter Class Competitions organised by Department	22
<b>ACADEMIC YEAR 2019 - 2020</b>	<b>23 - 31</b>
Achievements and Participation at National Level competition	23 - 29
Achievements at Inter - Collegiate Level competition	30
Inter Class Competitions organised by Department	31
<b>ACADEMIC YEAR 2020 - 2021</b>	<b>32</b>
Achievements and Participation at National Level competition	32
<b>ACADEMIC YEAR 2021 - 2022</b>	<b>33 - 35</b>
Achievements and Participation at National Level competition	33 - 34
Inter Class Competitions organised by Department	35
<b>ACADEMIC YEAR 2022 - 2023</b>	<b>36 - 43</b>
Achievements and Participation at National Level competition	36 - 39
Achievements at Inter - Collegiate Level competition	40 - 41
Inter Class Competitions organised by Department	42 - 43
<b>MEGA SPORTS EVENT AT VPC</b>	<b>44 - 46</b>
<b>OTHER SPORTS ACTIVITIES</b>	<b>47</b>
<b>VPCCECM AS A HOST</b>	<b>48</b>
<b>DEPARTMENTAL CONTRIBUTION TOWARDS SPORTS IN GOA</b>	<b>49</b>

# DEPARTMENT OF PHYSICAL EDUCATION

## STAFF PROFILE



**DR. SUNNY RAMDAS KANEKAR**  
COLLEGE DIRECTOR OF PHYSICAL EDUCATION & SPORTS  
PH.D.,M.P.ED., M.PHIL, NET, SET

- President of Association of College Director of Physical Education of Goa
- Member of Goa University Sports Council.
- More than 11 years of working experience as College Director of Physical Education & Sports at Vidya Prabodhini College of Commerce, Education, Computer & Management, Porvorim from June 2013 till date.
- Worked as Assistant Professor in Physical Education for 3 Years at the University of Mumbai, University of Pune, & Don Bosco College, Panjim.
- Has experience working as a Technical official at multiple International sports events like “Commonwealth Youth Games”, Pune, 2008, “Men’s Junior Volleyball World Championship”, Pune, “Lusofonia Games”, Goa, 2014, “Pune International Marathon Road Race”.
- Worked as a Committee member for the “International and National level conferences on Physical Education.
- Appointed as Team Manager of the Goa University Men Football Te, Men Table Tennis, and Women Kabaddi Team at the West Zone Inter University Competitions.
- Appointed as Coach of Goa Tennis Ball Cricket Team at 1st National Tennis Ball 20 – 20 Cricket Tournament held at Tamil Nadu in March 2007.
- Has over 10 paper publications combined in UGC Care list journal, Conference Proceeding, etc.
- Presented papers at multiple conferences at the National & International levels.
- Attended over 30 seminars and workshops on various sports-specific areas.
- Appointed on interview panel of subject experts in Physical Education by Vidya Prabodhini College, Parvari, Don Bosco College, Panjim, Swami Brahmanand Mahavidyalaya, Kundai for the regular vacancy of Assistant Professor in Physical Education.
- Appointed on Interview a panel of subject experts in Physical Education by the Directorate of Higher Education for the post of College Director of Physical Education in a government college.
- Appointed on Phd Certification Relevance Committee constituted by the Directorate of Higher Education to certify the relevance of Ph.D. by Dr. Ajinkya Kudtarkar, Dr. Aniket Kerkar, Dr. Satyawan Harmalkar.



**DR. SHAILESH G. CHODANKAR**  
ASSISTANT PROFESSOR IN PHYSICAL EDUCATION  
Ph.D., M.P.Ed., NET

- Assistant Professor in Physical Education, Vidya Prabodhini College, Parvari
- More than 05 years of working experience as Assistant Professor in Physical Education at Vidya Prabodhini College of Commerce, Education, Computer & Management, Parvari from October 2018 till date.
- Worked as Assistant Professor in Physical Education for 2 Years at Don Bosco College, Panjim-Goa
- Worked as a College Director of Physical Education and Sports at MES College of Arts and Commerce, Zuarinagar-Goa for 3 years.
- Worked as a Fitness Trainer for the Goa Ranji Team for the Season 2009-2010.
- Has over 05 paper publications combined in UGC Care list journal, Conference Proceeding, etc.
- Presented papers in multiple conferences at the National and International level.
- Attended over 10 seminars and workshops on various sports-specific areas.

**PROFESSIONAL ACADEMIC APPOINTMENTS**

- Appointed on the interview panel as a subject expert in Physical Education by MES Higher Secondary School Zuarinagar-Goa, Don Bosco College, Panjim, and Caculo College Mapusa-Goa.
- Appointed on Interview panel as a subject expert in Physical Education by the Directorate of Higher Education for the post of College Director of Physical Education in a government college.
- Appointed on Ph.D. Certification Relevance Committee 2022-2023 constituted by the Directorate of Higher Education to certify the relevance of PhD by Dr. Savio Leitao, Dr. Michael D'Souza, and Dr. Sunny Kanekar.
- Was a Member of the Board of Studies of Physical Education and Sports at Goa University.



**MR. SWAPNIL SURENDRA GAONKAR**

INSTRUCTOR IN PHYSICAL EDUCATION

B.P.ED., B.C.A.

- Instructor in Physical Education & Sports, Vidya Prabodhini College, Parvari.
- 2 years working experience as Instructor in Physical Education & Sports at Vidya Prabodhini College of Commerce, Education, Computer & Management, Parvari from November 2021 till date.
- Served as Football Referee for 3 years for the Goa Football Association(GFA).



**MR. TARESHWAR R. ADPAIKAR**

MULTI TASKING STAFF (SPORTS)

B.COM.

- Multi-tasking staff for the Department of Physical Education and Sports.
- 10 years of working experience as a multi-tasking staff at Vidya Prabodhini College of Commerce, Education, Computer & Management, Parvari from November 2013 till date.
- 11 years of working experience as a Driver cum Peon for Jan Shikshan Sansthan, Goa.

## **BEST PRACTICES DEPARTMENT OF PHYSICAL EDUCATION**

- Sports for all – focus on mass participation through inter-class activities.
- Believes in the thought that participation is a win.
- Team building through the Sports Council.
- Attracting higher secondary students through sports activities.
- Provides opportunities and exposure to students at state, national, and international level sports events whenever possible.
- Guides and helps students to take up sports as a career.



**EX- STUDENTS  
PERSUED HIGHER EDUCATION  
IN PHYSICAL EDUCATION & SPORTS**

**DEGREE PERSUED  
MASTER IN PHYSICAL EDUCATION**



**SHITIJ MAPARI  
(Baseball)**



**RAMNATH GAONKAR  
(Rope Skipping)**



**LOUKESH PILLAE  
(Football)**



**APURVA NAIK DESSAI  
(Cricket)**



**ANJOOM SAWANT DESSAI  
(Rope Skipping)**



**NORMAN PRITCHARD**

**Norman Pritchard - Silver Medal - Men's 200m Hurdles - Paris 1900**

Norman Pritchard is the first Indian athlete to win the country's first-ever Medal (pre-independence) in the Men's 200m Hurdles at the Modern Paris Olympics 1900. He also set an Olympic record of 26.8 seconds in the semi-finals and finally won silver with a timing of 26 seconds.



**DEGREE PURSUED**  
**BACHELOR IN PHYSICAL EDUCATION**



**PRAJYOT AJGEKAR**  
**(Baseball)**



**ROHIT ANGOLKAR**  
**(Wrestling)**



**SUNIL BEGUR**  
**(Athletics)**



**SIDDANTH KALANGUTKAR**  
**(Football)**



**CHAITALI GAWAS**  
**(Athletics)**



**GAYATRI VAINGANKAR**  
**(Cricket)**



**RIDDHI PRIOLKAR**  
**(Kabaddi)**



**INDIAN HOCKEY TEAM**

**Indian Hockey Men's Team, Gold Medal - Amsterdam 1928**

The Indian hockey team scored 29 goals in five matches to win its first Olympic Gold Medal. The wizard Dhyhan Chand scored 14 goals, including a hat-trick against the Netherlands in the final.



# EX- STUDENTS SERVING GOA STATE GOVERNMENT UNDER MINISTRY OF HOME AFFAIRS



**SAIESH BHONSLE - PSI**



**SAIEEL VAINGANKAR - PSI**



**PRITI CHAWAN - PC**



**TANIKSHA CHAWAN - PC**  
(SELECTED THROUGH SPORTS QUOTA)



**INDIA HOCKEY TEAM**

### **Indian Hockey Men's Team, Gold Medal - Los Angeles 1932**

In a reduced field, the Indian hockey team first beat Japan 11-1. A 10-goal charge from Roop Singh, Dhyan Chand's younger brother, and eight goals from the wizard himself secured a massive 24-1 win against the USA and ensured a second-consecutive Olympic Gold Medal.





**SHUBHAM BHONSLE - PC**  
(SELECTED THROUGH SPORTS QUOTA)



**PRAJWAL SHETTY - PC**  
(SELECTED THROUGH SPORTS QUOTA)



**GOVIND SAWANT - PC**  
(SELECTED THROUGH SPORTS QUOTA)



**PRAJYOT AJGEKAR - PC**



**INDIA HOCKEY TEAM**

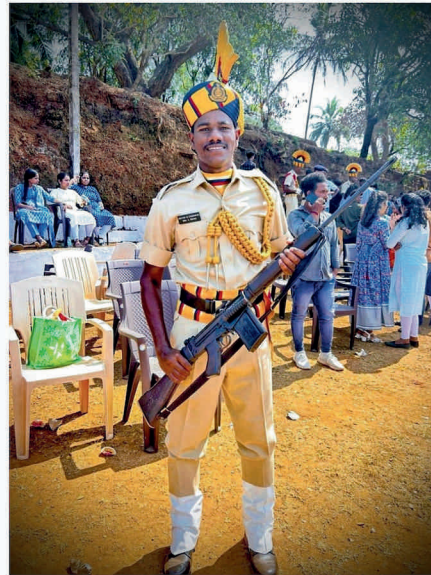
**Indian Hockey Men's Team, Gold Medal - Berlin 1936**

Under the captaincy of Major Dhyan Chand, the Indian hockey team completed a hat-trick of Gold at Berlin Olympics in 1936. India scored 38 goals in five matches and conceded only one goal in the final against Germany as Dhyan Chand's second hat-trick in the Olympic finals took them to an 8-1 victory.





**SUNIL RENATI - PC**



**GAUTAM CHODANKAR - PC**



**SUNNY PHAYDE  
(FIRE FIGHTER)**



**DEVESH THAKUR - PC**



**INDIA HOCKEY TEAM**

**Indian Hockey Men's Team, Gold Medal - London 1948**

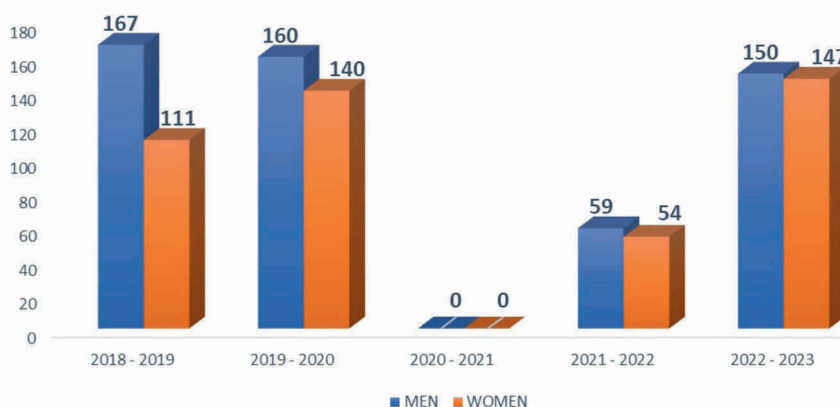
The first Gold Medal for India post-independence came from the Indian hockey team as they regained their position atop the Olympic podium in London in 1948. Balbir Singh's brace in the final helped India beat hosts Great Britain 4-0 and win a fourth Olympic gold.



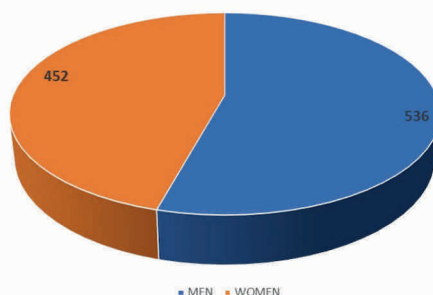
# STUDENTS PARTICIPATION IN SPORTS EVENT AT INTER - COLLEGE LEVEL

STUDENTS PARTICIPATION AT INTERCOLLEGIATE SPORT COMPETITIONS															
Year of Participation /	2018 - 2019			2019 - 2020			2020 - 2021			2021 - 2022			2022 - 2023		
SPORTS	Men	Women	Total	Men	Women	Total	Men	Women	Total	Men	Women	Total	Men	Women	Total
Table Tennis	5	5	10	5	4	9	0	0	0	0	4	4	5	5	10
Badminton	6	4	10	6	4	10	0	0	0	0	0	0	6	4	10
Chess	5	1	6	4	1	5	0	0	0	6	6	12	4	2	6
Swimming	0	0	0	2	0	2	0	0	0	0	0	0	0	0	0
Weight Lifting	14	0	14	3	0	3	0	0	0	0	0	0	6	0	6
Power Lifting	7	0	7	5	0	5	0	0	0	0	0	0	7	0	7
Best Physique	1	0	1	1	0	1	0	0	0	0	0	0	2	0	2
X - Country	6	0	6	6	0	6	0	0	0	0	0	0	6	6	12
Judo	14	14	28	9	6	15	0	0	0	0	0	0	9	14	23
Tennikoit	5	5	10	4	5	9	0	0	0	0	0	0	5	5	10
Taekwondo	1	1	2	4	3	7	0	0	0	0	0	0	0	0	0
Tennis	0	0	0	0	0	0	0	0	0	5	0	5	5	0	5
Football	20	20	40	20	20	40	0	0	0	20	20	40	20	20	40
Kabaddi	12	10	22	0	12	12	0	0	0	0	12	12	12	12	24
Athletics	27	7	34	17	11	28	0	0	0	0	0	0	16	17	33
Kho - Kho	0	0	0	15	15	30	0	0	0	0	0	0	15	15	30
Handball	0	0	0	15	15	30	0	0	0	0	0	0	0	15	15
Baseball	16	16	32	16	16	32	0	0	0	0	0	0	16	16	32
Volleyball	12	12	24	12	12	24	0	0	0	12	12	24	0	0	0
Cricket	16	16	32	16	16	32	0	0	0	16	0	16	16	16	32
	<b>167</b>	<b>111</b>	<b>278</b>	<b>160</b>	<b>140</b>	<b>300</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>59</b>	<b>54</b>	<b>113</b>	<b>150</b>	<b>147</b>	<b>297</b>

Comparison of Yearwise Men & Women Participation at Inter-Collegiate Sports competitions



MEN & WOMEN PARTICIPATION AT INTER-COLLEGIATE SPORTS EVENTS



INDIA HOCKEY TEAM

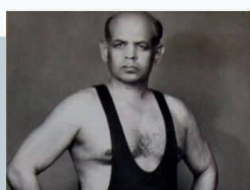
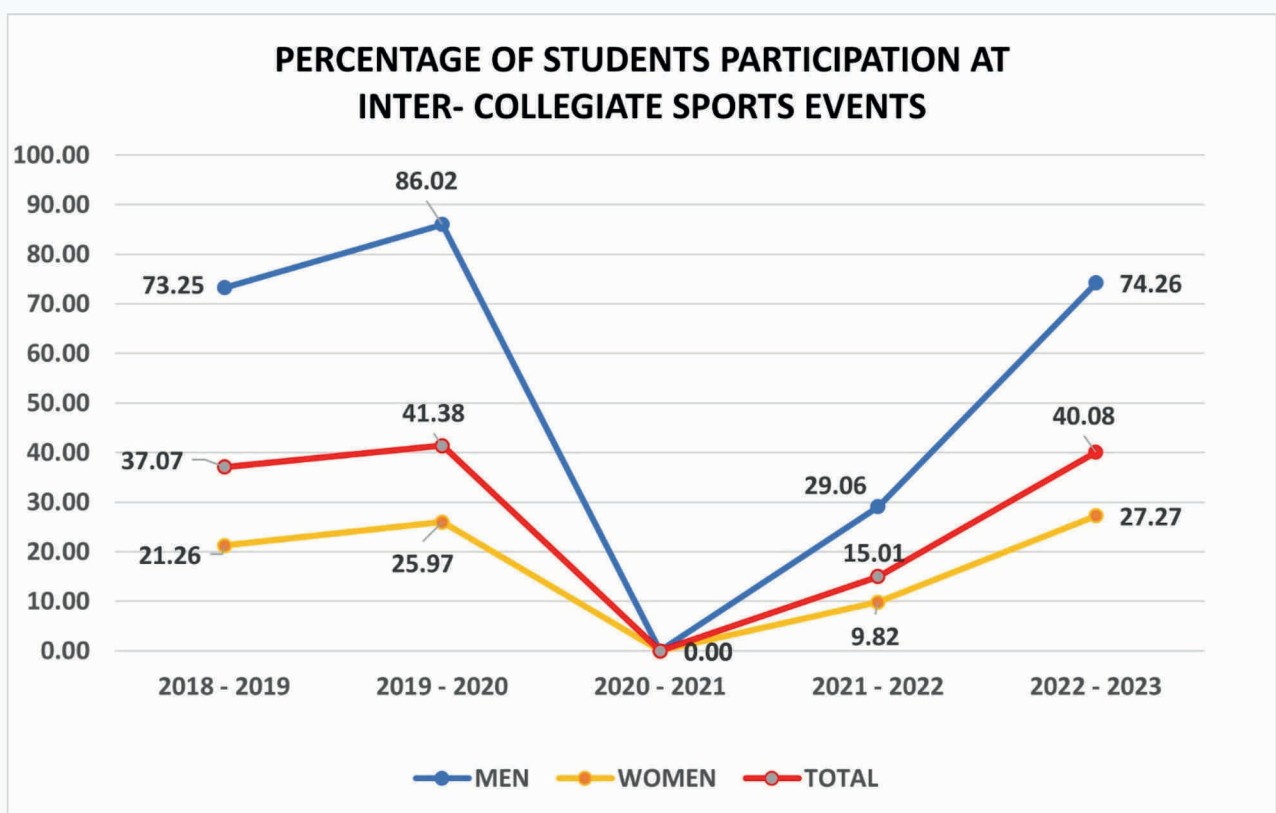
## Indian Hockey Men's Team, Gold Medal - Helsinki 1952

The Indian hockey team won their fifth-consecutive Olympic Gold Medal at the Helsinki Olympics, 1952. Balbir Singh Sr scored nine goals in three matches, including five in the final against the Netherlands - a record for the most goals by an individual in an Olympic Men's Hockey final.



# PERCENTAGE OF STUDENTS PARTICIPATION IN SPORTS EVENT AT INTER - COLLEGE LEVEL

PERCENTAGE OF STUDENTS PARTICIPATION AT INTER COLLEGIATE SPORTS EVENTS									
YEAR	TOTAL STUDENTS ADMITTED TO COLLEGE			TOTAL STUDENTS PARTICIPATED AT INTER COLLEGIATE COMPETITIONS			PERCENTAGE OF PARTICIPATION		
	MEN	WOMEN	TOTAL	MEN	WOMEN	TOTAL	MEN	WOMEN	TOTAL
2018 - 2019	228	522	750	167	111	278	73.25	21.26	37.07
2019 - 2020	186	539	725	160	140	300	86.02	25.97	41.38
2020 - 2021	225	540	765	0	0	0	0.00	0.00	0.00
2021 - 2022	203	550	753	59	54	113	29.06	9.82	15.01
2022 - 2023	202	539	741	150	147	297	74.26	27.27	40.08
<b>Total</b>	1044	2690	3734	536	452	988	51.34	16.80	26.46



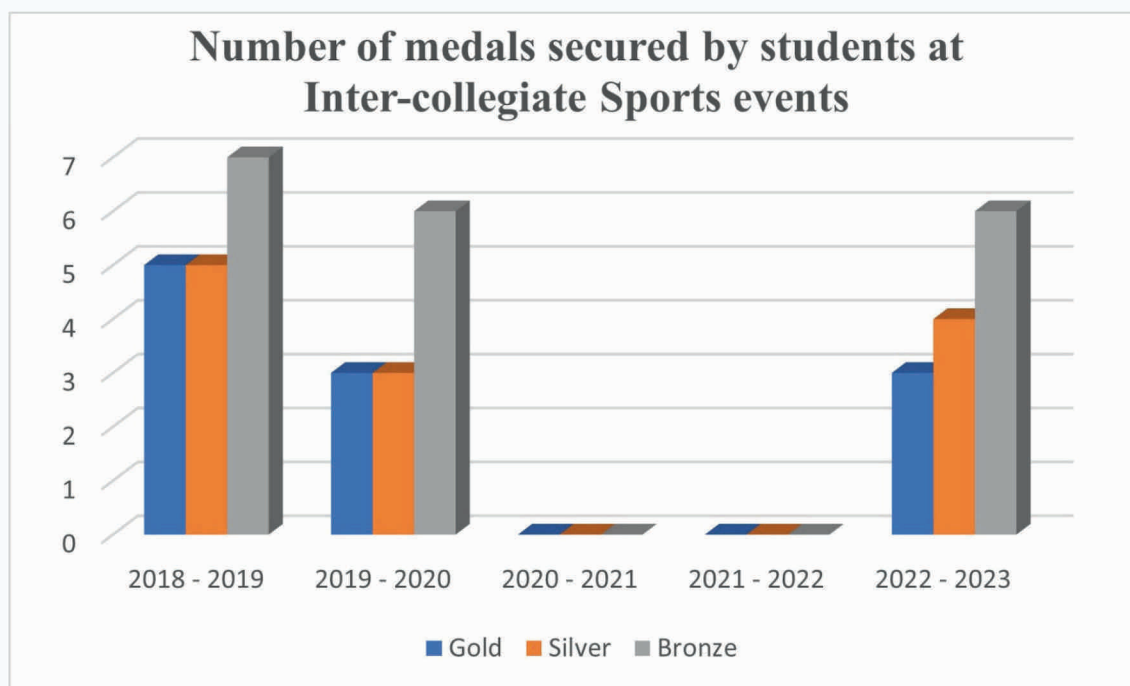
**KHASHABA D. JADHAV**

**KD Jadhav, Bronze Medal - Men's Bantamweight Wrestling - Helsinki 1952**  
 Wrestler Khashaba Dadasaheb Jadhav became India's first individual Olympic medallist with his Bronze in the men's freestyle Bantamweight category.



## PERFORMANCE OF STUDENTS IN SPORTS EVENT AT INTER - COLLEGE LEVEL

<b>MEDALS SECURED AT INTERCOLLEGIATE SPORTS COMPETITIONSLEVEL</b>				
<b>Year</b>	<b>Gold</b>	<b>Silver</b>	<b>Bronze</b>	<b>Total</b>
<b>2018 - 2019</b>	5	5	7	17
<b>2019 - 2020</b>	3	3	6	12
<b>2020 - 2021</b>	0	0	0	0
<b>2021 - 2022</b>	0	0	0	0
<b>2022 - 2023</b>	3	4	6	13
<b>Total Medals</b>	<b>11</b>	<b>12</b>	<b>19</b>	<b>42</b>



**INDIA HOCKEY TEAM**

### Indian Hockey Men's Team, Gold Medal - Melbourne 1956

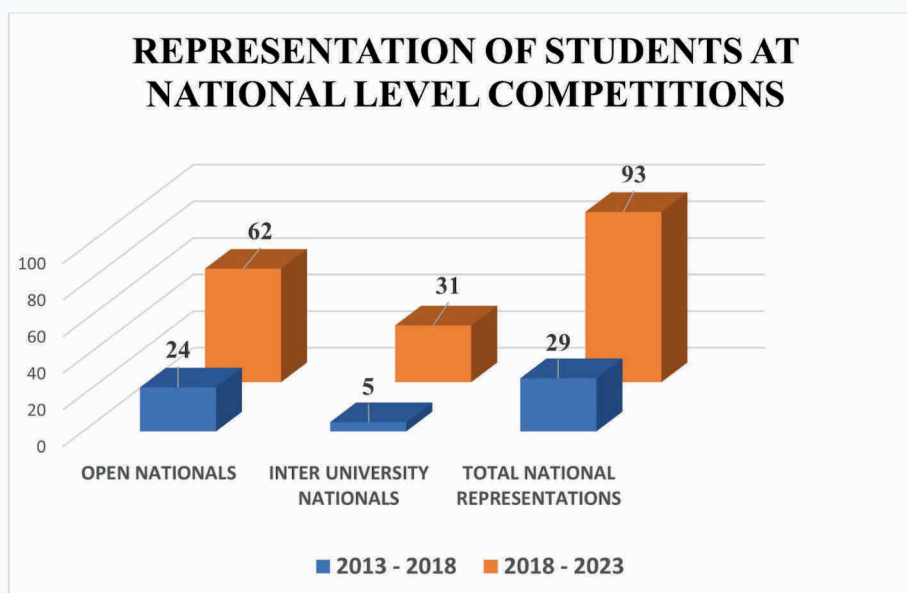
Indian Hockey team won its sixth Olympic Gold in a row at the Melbourne Olympics, in 1956. India did not concede a single goal in the entire tournament and skipper Balbir Singh Sr. played with a fracture in his right hand in the final as India beat Pakistan 1-0 in the final.





# PERFORMANCE OF STUDENTS IN SPORTS EVENT AT NATIONAL LEVEL

STUDENTS REPRESENTATION AT NATIONAL LEVEL COMPETITIONS			
2013 - 2014 To 2017 - 2018			
ACADEMIC YEAR	OPEN NATIONALS	INTER UNIVERSITY NATIONALS	TOTAL NATIONAL REPRESENTATIONS
2013 - 2014	0	0	0
2014 - 2015	6	1	7
2015 - 2016	5	1	6
2016 - 2017	4	1	5
2017 - 2018	9	2	11
<b>Total</b>	<b>24</b>	<b>5</b>	<b>29</b>
2018 - 2019 To 2022 - 2023			
ACADEMIC YEAR	OPEN NATIONALS	INTER UNIVERSITY NATIONALS	TOTAL NATIONAL REPRESENTATIONS
2018 - 2019	13	5	18
2019 - 2020	24	19	43
2020 - 2021	2	0	2
2021 - 2022	14	0	14
2022 - 2023	9	7	16
<b>Total</b>	<b>62</b>	<b>31</b>	<b>93</b>



**INDIA HOCKEY TEAM**

## Indian Hockey Men's Team, Silver Medal - Rome 1960

India's unparalleled Gold streak in hockey came to an end at Rome in 1960 as the side lost to Pakistan 1-0 in the final and had to settle for a Silver Medal.



## YEARWISE BENEFICIARIES OF SPORTS MERIT MARKS

ACADEMIC YEAR 2018 - 2019									
CLASS WISE DATA OF STUDENTS BENEFITED BY SPORTS MERIT MARKS									
SEMESTER	SEMESTER		SEMESTER		SEMESTER		SEMESTER		TOTAL
CLASS	I	II	III	IV	V	VI	VII	VIII	
FYBCOM	16	27	NA	NA	NA	NA	NA	NA	43
SYBCOM	NA	NA	27	21	NA	NA	NA	NA	48
TYBCOM	NA	NA	NA	NA	26	31	NA	NA	57
FYBABEd	16	15	NA	NA	NA	NA	NA	NA	31
SYBABEd	NA	NA	10	5	NA	NA	NA	NA	15
TYBABEd	NA	NA	NA	NA	10	8	NA	NA	18
FoYBABEd	NA	NA	NA	NA	NA	NA	4	2	6
<b>TOTAL</b>	<b>32</b>	<b>42</b>	<b>37</b>	<b>26</b>	<b>36</b>	<b>39</b>	<b>4</b>	<b>2</b>	<b>218</b>

ACADEMIC YEAR 2019 - 2020									
CLASS WISE DATA OF STUDENTS BENEFITED BY SPORTS MERIT MARKS									
SEMESTER	SEMESTER		SEMESTER		SEMESTER		SEMESTER		TOTAL
CLASS	I	II	III	IV	V	VI	VII	VIII	
FYBCOM	21	30	NA	NA	NA	NA	NA	NA	51
SYBCOM	NA	NA	14	19	NA	NA	NA	NA	33
TYBCOM	NA	NA	NA	NA	20	17	NA	NA	37
FYBABEd	12	14	NA	NA	NA	NA	NA	NA	26
SYBABEd	NA	NA	8	7	NA	NA	NA	NA	15
TYBABEd	NA	NA	NA	NA	5	8	NA	NA	13
FoYBABEd	NA	NA	NA	NA	NA	NA	9	8	17
<b>TOTAL</b>	<b>33</b>	<b>44</b>	<b>22</b>	<b>26</b>	<b>25</b>	<b>25</b>	<b>9</b>	<b>8</b>	<b>192</b>

ACADEMIC YEAR 2020 - 2021									
CLASS WISE DATA OF STUDENTS BENEFITED BY SPORTS MERIT MARKS									
SEMESTER	SEMESTER		SEMESTER		SEMESTER		SEMESTER		TOTAL
CLASS	I	II	III	IV	V	VI	VII	VIII	
FYBCOM	0	1	NA	NA	NA	NA	NA	NA	1
SYBCOM	NA	NA	0	2	NA	NA	NA	NA	2
TYBCOM	NA	NA	NA	NA	0	0	NA	NA	0
FYBABEd	0	1	NA	NA	NA	NA	NA	NA	1
SYBABEd	NA	NA	0	0	NA	NA	NA	NA	0
TYBABEd	NA	NA	NA	NA	0	0	NA	NA	0
FoYBABEd	NA	NA	NA	NA	NA	NA	0	0	0
<b>TOTAL</b>	<b>0</b>	<b>2</b>	<b>0</b>	<b>2</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>4</b>



**INDIA HOCKEY TEAM**

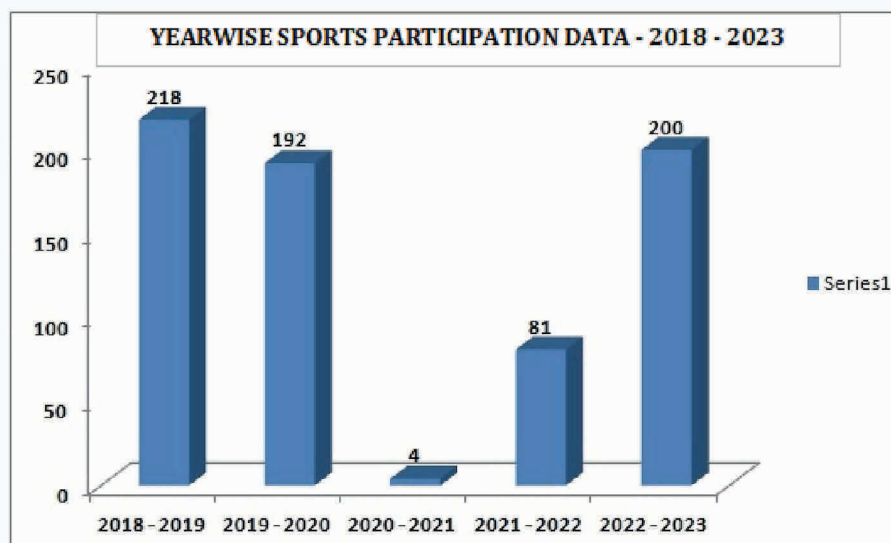
### Indian Hockey Men's Team, Gold Medal - Tokyo 1964

The Indian hockey team won Gold in Tokyo in 1964. India recorded four wins and two draws in the group stages. India faced Pakistan in the final for the third consecutive time and beat them 1-0, courtesy of a penalty stroke goal.



ACADEMIC YEAR 2021 – 2022									
CLASS-WISE DATA OF STUDENTS BENEFITTED BY SPORTS MERITS MARKS									
SEMESTER	SEMESTER		SEMESTER		SEMESTER		SEMESTER		Total
CLASS	I	II	III	IV	V	VI	VII	VIII	
FYBCOM	9	4	NA	NA	NA	NA	NA	NA	13
SYBCOM A	NA	NA	6	12	NA	NA	NA	NA	18
TYBCOM	NA	NA	NA	NA	11	11	NA	NA	22
FYBABED	4	4	NA	NA	NA	NA	NA	NA	8
SYBABED	NA	NA	1	5	NA	NA	NA	NA	6
TYBABED	NA	NA	NA	NA	3	4	NA	NA	7
FoYBABEd	NA	NA	NA	NA	NA	NA	1	6	7
<b>TOTAL</b>	<b>13</b>	<b>8</b>	<b>7</b>	<b>17</b>	<b>14</b>	<b>15</b>	<b>1</b>	<b>6</b>	<b>81</b>

ACADEMIC YEAR 2022 – 2023									
CLASS-WISE DATA OF STUDENTS BENEFITTED BY SPORTS MERITS									
SEMESTER	SEMESTER		SEMESTER		SEMESTER		SEMESTER		Total
CLASS	I	II	III	IV	V	VI	VII	VIII	
FYBCOM	26	29	NA	NA	NA	NA	NA	NA	55
SYBCOM A	NA	NA	15	16	NA	NA	NA	NA	31
TYBCOM	NA	NA	NA	NA	19	18	NA	NA	37
FYBABED	13	14	NA	NA	NA	NA	NA	NA	27
SYBABED	NA	NA	7	12	NA	NA	NA	NA	19
TYBABED	NA	NA	NA	NA	8	6	NA	NA	14
FoYBABEd	NA	NA	NA	NA	NA	NA	9	8	17
<b>TOTAL</b>	<b>39</b>	<b>43</b>	<b>22</b>	<b>28</b>	<b>27</b>	<b>24</b>	<b>9</b>	<b>8</b>	<b>200</b>



Besides Inter-College participation mentioned above, many students in both categories participate in various Inter-class competitions organised by Department of Physical Education and Sports



**INDIA HOCKEY TEAM**

#### Indian Hockey Men's Team, Bronze Medal - Mexico City 1968

India beat Mexico, and Spain and got a walkover against Japan but were beaten 2-1 in the semi-finals by Australia. India defeated West Germany 2-1 to win the bronze medal, finishing outside the top two for the first time at the Olympics.

# REPRESENTATION OF THE COLLEGE STUDENTS AT NATIONAL LEVEL 2018 - 2019



## NEHAL PARAB

- Represented Goa Tennis Ball Cricket Team at the All India Tennis Ball Championship 2018 organized by Himachal Pradesh Tennis Ball Cricket Association from 21st to 23rd June 2018.
- He also Represented Goa Tennis Ball Cricket Team at the All India 29th Senior National Tennis Ball Cricket Championship affiliated to Asian Tennis Ball Cricket Federation, held at Vijayawada, Andra Pradesh from 22nd to 25th December 2018



## SIDDHANT KALANUTKAR

- Represented Goa University at West Zone Inter University Men Football Championship held at Mumbai University, Mumbai from 11th to 19th December 2018. The team secured Runners up position.
- He also Represented Goa University at the ALL INDIA Inter University Men Football Championship held at Mumbai University, Mumbai from 20th to 25th December 2018. The team secured 4th position at All India.



## SUNIL RENATI

- Represented Goa University Athletics Team at All India Inter-University Athletics Championship held at Mangalore University from 24th November to 28th November, 2018.
- Holds University meet records in Long Jump event organised by Goa University.



INDIA HOCKEY TEAM

### Indian Hockey Men's Team, Bronze Medal - Munich 1972

A second-consecutive Olympic Bronze Medal arrived for the Indian hockey team in Munich in 1972. India won four matches and drew two before the semi-finals against Pakistan where India lost 0 -2. However, India beat the Netherlands 2-1 and clinched Bronze.





## VINDESH NAGVEKAR

- Represented Goa Tennis Ball Cricket Team at the All India National Tennis Ball Championship 2018 organized by Thiruvallur Tennis Ball Cricket Association from 10th to 12th August 2018
- He also represented Goa Tennis Ball Team at the Indo–Nepal International Tennis Ball Cricket Championship organized by the Nepal Tennis Ball Association under the Asian

Tennis Ball Cricket Federation held at Pokhara, Nepal from 30th December 2018 to 1st January 2019.

- He also represented the Goa Tennis Ball Cricket Team at the U-19 Junior National Tennis Ball Cricket Championship 2018-2019 organized by Tamilnadu Tennis Ball Cricket Championship 2018-19 held at Vellore, Tamilnadu from 26th to 5th February 2019



## ANISHA REDDY

- Represented Goa State at the Open National Women Kabaddi Championship organized by the Global Sports Foundation for Child Development of India in association with the Goa Kabaddi Association held in August 2018.
- Represented the Association of Goa Wushu at the All India 27th Senior National Wushu Championship held at Shilling, Meghalaya from 10th to 15th December 2018
- She also represented the Goa Tug of War Women Team at the 31st Junior Tug of War National Championship 2018-19 organized by the Tug of War Federation of India held at Vellore, Tamilnadu from 25th to 29th December 2018.



## PRADOSH PARMEKAR

- Represented Goa University Judo Team at West Zone Inter-University Judo Championship 2018 held at Gwalior from 26th December to 29th December 2018.
- As an ex-student is coaching the college Men & Women's Judo team and has helped secure many medals at the Inter-Collegiate level under his guidance.



INDIA HOCKEY TEAM

### Indian Hockey Men's Team, Gold Medal - Moscow 1980

At the Moscow Olympics, India won three and drew two matches in the preliminary rounds. In the final, the Indian team beat Spain 4-3 to win the Gold Medal. It remains the last Hockey Gold for India at the Olympics.





## **SAIESH BHONSLE**

- Represented Goa University Cricket Team at the West Zone Inter University Cricket Championship held at Veer – Narmad South Gujrat University, Surat from 19th to 30th December 2018.



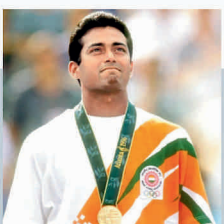
## **ALFIYA BEPARI**

- Represented Goa Tug of War Women Team at the 31st Junior Tug of War National Championship 2018-19 organized by Tug of War Federation of India held at Vellore, Tamilnadu from 25th to 29th December 2018.
- She also represented Goa State at the Open National Women Kabaddi Championship organized by the Global Sports Foundation for Child Development of India in association with the Goa Kabaddi Association held in August 2018.



## **PRANJALI NARVEKAR**

- Represented Goa Tug of War Women Team at the 16th Senior Federation-Cup Tug-of-War National Championship 2018-19 organized by Tug of War Federation of India held at Vellore, Tamilnadu from 25th to 29th December 2018.



**LEANDER PAES**

### **Leander Paes, Bronze Medal - Men's Singles Tennis - Atlanta 1996**

Young Leander Paes, an Indian Tennis legend secured the Bronze Medal at the Atlanta Olympics, in 1996. After losing to Andre Agassi in the semi-final, Paes went on to beat Fernando Meligani in the bronze medal match.





## MEENA KHATRI

- Represented Goa Tug of War Women Team at the 16th Senior Federation-Cup Tug-of-War National Championship 2018-19 organized by Tug of War Federation of India held at Vellore, Tamilnadu from 25th to 29th December 2018



## SUNNY PHAYDE

- Represented the Goa Tennis Ball Team at the Indo-Nepal International Inter-State Tennis Ball Cricket Championship 2018-2019 organized by the Nepal Tennis Ball Association under the Asian Tennis Ball Cricket Federation held at Pokhara, Nepal from 30th December 2018 to 1st January 2019.



**SHUBHAM BHONSLE**

- Represented Goa Baseball Team at the 33rd Senior National Baseball Championship 2019, held at Indore, Madhya Pradesh from 12th January to 17th January 2019



**ROHIT ANGOLKAR**



**KARNAM MALLESWARI**

### **Karnam Malleswari, Bronze Medal - Women's 54kg Weightlifting - Sydney 2000**

Weightlifter Karnam Malleswari clinched the Bronze Medal in the 54kg category, becoming the first Indian woman to win an Olympic medal. She had lifted 110kg in the snatch category and 130kg in the clean and jerk for a total of 240kg.



## ACHIEVEMENT OF STUDENTS AT INTER-COLLEGE COMPETITION 2018 - 2019



Vidya Prabodhini College Men Judo team secured **2nd Runners Up** at the Inter-Collegiate Judo Men Championship 2018-19 organized by Goa University from 28th to 30th August 2018. 4 individual medals Parmekar Pradosh from TYBCom B secured Gold Medal, Bhonsle Shubham from secured Silver, Krishan Kumar Kumawat from secured Bronze.



Vidya Prabodhini College Men's Athletics team secured **1st Runners Up** position at the Inter-Collegiate Athletics Competition organized by Goa University from 9th to 11th January 2019 at Bambolim Athletics stadium. Mr. Sunil Begur won Gold Medal in 100M running, Gold in 200M Running, and Bronze in 4 X 100M Relay; Mr. Sunil Renati Won Gold Medal in Long Jump, Silver in Triple Jump and Bronze in 4 X 100M Relay; Mr. Saiket Naik and Mr. Shitij Mapari Won Bronze in 4 X 100M Relay.



**RAJYAVARDHAN SINGH RATHORE**

**Rajyavardhan Singh Rathore, Silver Medal - Men's Double Trap Shooting - Athens 2004**

19



Rajyavardhan Singh Rathore was the first shooter to win an Olympic medal for India. The army colonel accurately down both his flying clay targets with his final attempt in the men's double trap and ensured India's first individual Silver Medal at the Games.





Women Tennis Ball Cricket team secured **Winners** position at the Inter-Collegiate Tennis Ball competition 2018 - 2019 organized by Ganpat Parsekar College, Harmal, Goa



Men Tennis Ball Cricket team secured **Winners** position at the Inter-Collegiate Tennis Ball competition 2018 - 2019 organized by Ganpat Parsekar College, Harmal, Goa



**ABHINAV BINDRA**

**Abhinav Bindra, Gold Medal - Men's 10m Air Rifle Shooting - Beijing 2008**

India's most joyous moment at the Olympics came at Beijing 2008 when Abhinav Bindra won a historic Gold Medal in the Men's 10m Air Rifle. The Indian shooter shot a near-perfect 10.8 with his final shot, ensuring India's first individual Olympic Gold Medal.





Vidya Prabodhini College secured **Runners-up** position at the “Ebullience” Inter-Collegiate event organized by Dhempe College of Arts & Science, Miramar, Goa for the year 2018 - 2019.



Vidya Prabodhini College secured **Runners-up** position at the 5th State Tug of War girls under 19 Championship for the year 2018 - 2019, held at Campal, Panjim Goa.



**VIJENDER SINGH**

**Vijender Singh, Bronze Medal - Men's Middleweight Boxing - Beijing 2008**  
 Vijender Singh became the first Indian boxer to win an Olympic medal. The man from Haryana defeated southpaw Carlos Góngora of Ecuador 9–4 in the quarter-final to guarantee a bronze medal before he lost 5–8 to Cuba's Emilio Correa in the semis.



# INTER CLASS COMPETITIONS ORGANISED BY DEPARTMENT OF PHYSICAL EDUCATION & SPORTS 2018 - 2019



Tug of War



Dodge Ball



Cricket



SUSHIL KUMAAR

## Sushil Kumar, Bronze Medal - Men's 66kg Wrestling - Beijing 2008

After losing his opening bout, Sushil Kumar went on to win three bouts in the repechage round within 70 minutes to clinch the Bronze Medal. It was India's first Olympic medal in wrestling for 56 years.



# REPRESENTATION OF THE COLLEGE STUDENTS AT NATIONAL LEVEL

2019 - 2020



## **KAMLAKAR GAWADE**

- Represented the Goa state Tennis Ball Cricket team and won 3rd place at the International Inter-State Tennis Ball Championship organized by Asian Tennis Ball Cricket Federation held at Pokhara Nepal from 29th December 2019 to 2nd January 2020.



## **ANJOOM SAWANT DESSAI**

- Represented Goa University Women Judo team at the All India Inter-University Judo Championship 2019-20 for Women held at Chhatrapati Shahu Ji Maharaj University, Kanpur from 22/12/2019 to 24/12/2019.



## **ANISHA REDDY**

- Represented Goa Wushu Association as a Coach at the 19th Sub Junior National Wushu Championship held at SAI, Kolkata, West Bengal from 25th to 30th November 2019.
- She also participated in the 28th Senior Wushu National Championship, 2019 held at Jammu University, Jammu.



**GANGA NARANG**

### **Gagan Narang, Bronze Medal - Men's 10m air rifle shooting - London 2012**

Gagan Narang won the Bronze medal in the men's 10m air rifle at London 2012. With the world's eyes trained on him, Gagan Narang played out a tense final with China's Wang Tao and Nicolo Campriani of Italy before ending in third place.





## **CHAITALI GAWAS**

- Participated in 400M Hurdles at Khelo India Youth Games 2019-2020 from 10th January-22nd January 2020. She also won Gold and Bronze medals in 400M Hurdles and 100M Hurdles respectively at the West Zone Athletics Championship held at Rajasthan.
- Represented Goa Athletic Association at All India Athletics

Championship held at Vijayawada, Andhra Pradesh and Tiruvannamalai, Tamilnadu organized by the Athletic Federation of India on 6th Sep- 14th Sep and 31st Oct to 7th Nov 2019 respectively.



## **DIVYA SANGODKAR**

- Represented Goa University Women's Football Team and secured the Gold Medal at the West Zone Inter-University Women Football Championship 2019-20 held at Mumbai.
- The team further won 3rd place at All India Inter-University held at KIIT University, Bhubneshwar from 9th January to 12th January 2020.
- She was also selected for Khelo India University Games, Odisha to be held from 22nd February 2020 to 01st March 2020.



## **SIDDHANT KALANGUTKAR**

- Represented Goa University Men Football Team at the West Zone Inter University Men Football Championship held at Barkatullah University, Bhopal from 9th to 16th December 2019.



**SUSHIL KUMAAR**

### **Sushil Kumar, Silver Medal - Men's 66kg wrestling - London 2012**

Sushil Kumar lost to Tatsuhiro Yonemitsu in the final and ended up with Silver, becoming India's only individual two-time Olympic Medallist.





**SAIKET NAIK**

- Represented the Goa State Football team at the 1st Football National Federation Cup 2019-2020 held at Aligarh Madhya Pradesh from 22nd to 24th January 2020. The team Secured second position.



**HARSHAD GAUDE**



**SUNIL BEGUR**

- Represented Goa University at the All India Inter-University Athletics Championship held at Mangalore on 3rd & 6th January 2020.



**SUNIL RENATI**



**CHOTU KUMAR**

- Represented Goa University at the All India Inter-University Boxing Championship held at Ch. Charan Singh University, Meerut from 20th December 2019 to 2nd January 2020.



**SAMEER KENCHIKARI**



**VIJAY KUMAR**

**Vijay Kumar, Silver Medal - Men's 25m Rapid Pistol Shooting - London 2012**

Barely known before the Games, shooter Vijay Kumar ensured his name in the record books with a Silver Medal in the 25m Rapid Pistol. Tied with China's Ding Feng going into the sixth round in the final, Vijay Kumar outshot Feng to head into the last round. However, Cuba's Leuris Pupo proved a step too far as Vijay Kumar settled for Silver.





## **VAISHNAVI PARRIKAR**

- Represented the Goa State Judo team at the Junior National Women Judo Championship 2019-20 held at Lucknow from 1st to 5th December 2019.



## **TRIROY KUBAL**

- Represented Goa University Men Cricket team at the West Zone Inter-University Cricket Championship held at ITM University, Gwalior, Madhya Pradesh on 23rd December 2019.



## **SRAVAN KUMAR**

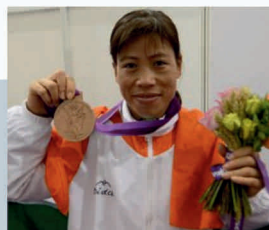


## **ALFIYA BEPARI**

- Participated in Tug-of-war at Tamil Nadu from 25 December 2019 to 2 January 2020.



## **POOJA SAINI**



**MARY KOM**

### **Mary Kom, Bronze Medal - Women's Flyweight Boxing - London 2012**

A legend even before her maiden Olympics at London 2012, Mary Kom commemorated the first edition of women's boxing at the Games with a Bronze in the flyweight category. The Manipur-born boxer was on a fine run before being halted by eventual champion Nicola Adams of Great Britain in the semis.





**ALFIYA BEPARI PRANJALI NAVELKAR POOJA SAINI**

- Participated in the 32nd Senior Men & Women mix National Tug of War Championship held at Nanded, Maharashtra organized by Maharashtra Tug of War Association from 15th to 18th January 2020.



**ROHIT ANGOLKAR**



**GANESH PANDA**



**SUNNY PHAYDE**



**ANURAG SINARI**



**PRAMOD HONKHANDE**



**SATISH GUNDAPNOR**

- Represented Goa Wrestling Association at the Tata Motors 64th Men Free Style, Greco Roman Style National Wrestling Championship held at PAP Complex, Jalandhar, Punjab from 29th November to 1st December 2019 organized by Punjab Wrestling Association.



**YOGESHWAR DUTT**

**Yogeshwar Dutt, Bronze Medal - Men's 60kg Wrestling - London 2012**

A veteran of three Olympics by London 2012, wrestler Yogeshwar Dutt finally achieved his childhood dream when he won bronze in the 60kg category. He defeated North Korea's Ri Jong Myong in the last repechage round in just 1:02 minutes.





09 students of our college represented the Goa University Men's Softball Team at the All India Inter University Softball Championship at Andhra Pradesh.



**SARTHAK PARAB**



**ABHISHEK SARKAR**



**PRITAM DAMNAL**



**SUNNY PHAYDE**



**YOGESH MALGEMANI**



**SHUBHAM BHONSLE**



**KRUNAL BHONSLE**



**ROHIT ANGOLKAR**



**GAUSSAB TADPATRI**



**SAINA NEHWAL**

**Saina Nehwal, Bronze Medal - Women's singles Badminton - London 2012**  
Saina Nehwal became the first Indian badminton player to win an Olympic medal when her opponent, China's Wang Xin, was forced to retire hurt during the match in the semi-final.





**ANISHA REDDY**



**ALFIYA BEPARI**



**POOJA SAINI**



**RIDDHI PRIOLKAR**



**PRANJALI NAVELKAR**

- Represented Goa Tug of War Association at All India Tug of War Women's National held at Agra-Cannt Uttar Pradesh from 25th July 2019 to 2nd August 2019.



**SARTHAK PARAB**



**ROHIT ANGOLKAR**



**ABHISHEK SARKAR**

Represented Goa State at the 16th Senior South Zone National Softball Championship (Men) held at SPTRKM E.M. High School Chilakaluripet, Guntur District A.P. organized by Softball Association of Andhra Pradesh from 8th to 10th September 2019.



**PV SINDHU**

**PV Sindhu, Silver Medal - Women's Singles Badminton - Rio 2016**

Saina Nehwal's feat surely propelled India's badminton story - as PV Sindhu went one step ahead by reaching the final of the 2016 Summer Olympics before losing to Spain's Carolina Marin in a feisty, 83-minute duel.



# ACHIEVEMENT OF STUDENTS AT INTER-COLLEGE COMPETITION 2019 - 2020



- The women's Judo Team won 2nd Runner Up at Inter-Collegiate Women Judo Championship held at Jubilee Hall, Taleigao organized by Goa University from 1st to 5th September 2019.

- The baseball Men Team won runner-up at the Inter-Collegiate Baseball Championship held at Goa University ground organized by Goa University from 21st January to 24th January 2020.



- The Cricket Men's team secured Runner's Up position at the Inter-Collegiate Cricket Tournament organized by V. M. Salgaocar College of Law, Miramar at Goa University Ground from 5th February to 8th February 2020.



**SAKSHI MALIK**

### **Sakshi Malik, Bronze Medal - Women's 58kg wrestling - Rio 2016**

A late entrant to India's Olympic contingent, Sakshi Malik became the first female Indian wrestler to win an Olympic Medal. She beat Kyrgyzstan's Aisuluu Tynybekova 8-5 to win the 58kg Bronze and ensured India had won an Olympic wrestling Medal in three consecutive Games.



# INTER CLASS COMPETITIONS ORGANISED BY DEPARTMENT OF PHYSICAL EDUCATION & SPORTS 2019 - 2020



Inter Class Table Tennis



Inter Class Badminton



Inter Class Football



Inter Class Chess



Inter Class Cricket



Inter Class Judo



MIRABAI CHANU

## Mirabai Chanu, Silver Medal - Women's 49kg Weightlifting - Tokyo 2020

Mirabai Chanu put behind the disappointment of Rio 2016 to lift a total of 202kg to win the Silver Medal in the Women's 49kg category. It was her first Olympic Medal and made her the second Indian weightlifter after Karnam Malleswari to win an Olympic Medal. It was India's first Medal at the Tokyo Olympics.



# REPRESENTATION OF THE COLLEGE STUDENTS AT NATIONAL LEVEL 2020 - 2021



**NIKHIL KUBAL**

- Represented the Goa Tennis Ball Cricket Team at the All India Tennis Ball Cricket Championship – 2021 organized by Agra and UP Tennis Ball Association under the Tennis Ball Federation of India from 9th to 11th February 2021. The team secured the Runners Up Position.



**RIDDHI PRIOLKAR**

- Represented Goa State Women Kabaddi team at the 47th Junior National Championship at Hyderabad in Telangana State, 11th March 2021.



**LOVLINA BORGHAIN**

**Lovlina Borgohain, Bronze Medal - Women's welterweight (64-69kg) - Tokyo 2020**  
Lovlina Borgohain won a Bronze Medal at Tokyo 2020 after losing in the semi-finals to top seed Busenaz SurMeneli of Turkey in the Women's 69kg. Lovlina Borgohain had beaten Chinese Taipei's Nien-Chin Chen in the quarter-finals to assure herself of a Medal.



# REPRESENTATION OF THE COLLEGE STUDENTS AT NATIONAL LEVEL 2021 - 2022



## **KSHITIJ PARAB**

- Participated at the 12th Kudo National Tournament organized & Conducted by Kudo International Federation India from 14th to 17th February 2022.
- He also Participated at the 2nd Kudo Federation Cup organized & Conducted by Kudo International Federation India from 17th to 20th February 2022



**VIJAY MAULINGKAR**



**PRITAM DAMANAL**



**SAISH HALDANKAR**



**NIKHIL KUBAL**

Represented the Goa Tennis Ball team at the Indo-Nepal Inter-State International Tennis Ball Cricket Championship organized by Nepal Tennis Ball Cricket Association from 30th December 2021 to 1st January 2022



## **TANISHKA CHAWAN**

- Participated at the 5th Elite Women's National Boxing Championship held at St. Joseph's International School, Hisar Haryana from 21st to 27th October organized by the Boxing Federation of India



**PV SINDHU**

### **PV Sindhu, Bronze Medal - Women's singles badminton - Tokyo 2020**

PV Sindhu became the first Indian woman and only the second Indian athlete - after Sushil Kumar - to win two individual Olympic Medals. PV Sindhu beat China's He Bing Jiao 21-13, 21-15 to win the Bronze Medal in the Women's singles. It was India's third Medal of Tokyo 2020 - one more than their haul at Rio 2016.





## **LAKMESH PAWANE**

- Participated in Men's U-19 Vinoo Mankad Trophy for the season 2021-22 conducted by the Board of Control for Cricket in India.
- He also participated in Men's U-19 Cooch Behar Trophy from 21st November 2021.



## **SIYA GAWADE**

- Participated in 12th Senior National Langadi Championship conducted by Langadi Association of Rajasthan from 26th March to 28th March 2022



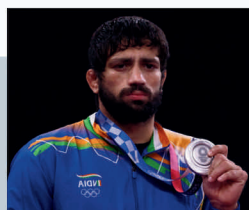
## **VISHNU MEENA**

- Participated in 56th National Cross Country Championship organized by Nagaland Athletic Association at Kohima on 26th March 2022



## **PAVINA SALGAOKAR**

- Participated in 12th Hockey India Junior Women Nationals held at Kakinada, Andhra Pradesh from 25th March to 3rd April 2022



**RAVI KUMAR DAHIYA**

**Ravi Kumar Dahiya, Silver Medal - Men's 57kg freestyle wrestling - Tokyo 2020**  
Ravi Kumar Dahiya lost to two-time world champion Zaur Uguev of ROC in the final of the Men's 57kg freestyle wrestling, thus ending up with a Silver Medal.



# INTER CLASS COMPETITIONS ORGANISED BY DEPARTMENT OF PHYSICAL EDUCATION & SPORTS 2021 - 2022



Inter Class Chess



Inter Class Table Tennis



Inter Class Football



INDIA HOCKEY TEAM

## Indian Hockey team, Bronze Medal - Men's Hockey - Tokyo 2020

Indian Men's hockey team won an Olympic Medal since the Gold at the 1980 Moscow Olympics. It is Indian hockey's third Olympic Bronze Medal - after the 1968 and 1972 Games - and their 12th Olympic Medal overall.





# REPRESENTATION OF THE COLLEGE STUDENTS AT NATIONAL LEVEL 2022 - 2023



## **RUSHIL VELINGKAR**

- Represented Goa State Under -23 Nine -A-Side Tennis Ball Cricket team at the 4th National 9 A-Side Cricket Championship – 2022 organized by Nine A-Side Cricket Association (Delhi) affiliated under Nine-A Side Cricket Association of India held at Kanjhawala Cricket Ground, Delhi from 27th to 29th July, 2022.



## **MAKHAN HAZRA**

- Represented Goa State Senior Men Kabaddi Team at the 48th Junior National Kabaddi Championship held at Haridwar, Uttarakhand from 17th to 20th November 2022.



## **LAKHMESH PAWANE**

- Represented Goa Cricket Association in the Men's U-25 One Day Tournament Cricket team at the U-25 Men's One Day List A trophy 2022-2023 held at Haryana from 20th to 28th November 2022.



**BAJRANG PUNIA**

### **Bajrang Punia, Bronze Medal - Men's 65kg wrestling - Tokyo 2020**

Bajrang Punia became the third Indian debutant to win a Medal at Tokyo 2020. It was India's sixth Medal of the Tokyo Olympics - equalling their best-ever haul at a single edition of the Olympics.





## **TANISHKA CHAWAN**

- Represented Goa Women's Boxing team at the 6th Elite Women National Boxing Championship held at Bhopal, Madhya Pradesh from 20th to 26th December 2022.



## **TANVI KHEDEKAR**

- Participated and Secured Winners position in the West Zone Inter-University Football Women Championship 2022-2023 held at Lakshmibai National Institute of Physical Education, Gwalior, Madhya Pradesh from 02nd January to 8th January 2023.
- She also represented Goa University at the All India Inter University Women Football Championship and Secured Fourth position in 2023 held at Lakshmibai National Institute of Physical Education, Gwalior, Madhya Pradesh from 12th to 17th January 2023.



## **NEHA NAIK**

- Neha Naik and Rucha Shet represented Goa University Women's Judo team at the All India Inter-University Judo Women's Championship 2022-2023 held at Jalandhar from 08th to 12th January 2023



## **RUCHA SHET**



**NEERAJ CHOPRA**

### **Neeraj Chopra - Gold Medal - Men's Javelin Throw - Tokyo 2020**

He became India's second individual Olympic champion - after Abhinav Bindra - with his Men's javelin throw Gold at Tokyo 2020. It was India's first track-and-field Medal at any Olympic Games. The Medal was India's seventh at Tokyo 2020 - making it their best-ever haul at a single edition of the Olympics. Neeraj Chopra threw 87.58m to clinch the Gold Medal.





## **PRANAV SALUNKHE,**

- Represented Goa University Men Cricket team at the West Zone Inter-University T20 Cricket Tournament held at Rajasthan from 1st to 12th February 2023.



## **SANATH POKLE**

- Represented Goa State Men Tennis Ball Cricket Team at the 30th Federation Cup Tennis Ball Cricket Championship held at Andhra Pradesh from 27th to 29th January 2023.



## **PAVINA SALGAONKAR**

- Participated in the West Zone Inter-University Hockey Women Championship 2022-2023 held at Janardhan Rai Nagar Rajasthan Vidyapeeth, Udaipur, Rajasthan from 26th to 30th December 2022
- She also represented the Goa Senior Women's Hockey team at the 13th Hockey India Senior Women National Championship 2023 held at Kakinada, Andhra Pradesh 15th to 26th February 2023.



**INDIA CRICKET TEAM**

### **Indian Cricket Team - Cricket World Cup - 1983**

The 1983 Cricket World Cup (officially the Prudential Cup '83) was the 3rd edition of the Cricket World Cup tournament. It was held from 9 to 25 June 1983 in England and Wales and was won by India.





## **YASHMITA TALWADKAR**

- Participated in the 69th Senior Women National Kabaddi Championship 2023, held at Shri Krishna Group of Institution, Mahendergarh Haryana from 23rd to 26th March, 2023.



## **SUDEEPA CHODANKAR**

- Participated and secured Winners position in the Mixed Doubles event at the 22nd West Zone National Tenni-koit Championship 2022 organized by Tenni-koit Federation of India held at Soni Garden, Bijalpur, Indore, Madhya Pradesh from 23rd to 25th December 2022.



## **SAI PARAB**

- Represented Goa University Men's Athletics team at the South West zone Athletics Championship 2022 -2023 held at Tamil Nadu from 09/01/2023 to 14/01/2023 2023.



### **Indian Cricket Team - Cricket World Cup - 2011**

The tenth Cricket World Cup. It was played in India, Sri Lanka, and for the first time in Bangladesh. India won the tournament, defeating Sri Lanka by 6 wickets in the final at Wankhede Stadium in Mumbai, thus becoming the first country to win the Cricket World Cup final on home soil.



# ACHIEVEMENT OF STUDENTS AT INTER-COLLEGE COMPETITION 2022 - 2023



**Women's Judo Team secured Runner's Up at Inter-Collegiate Women Judo Championship held at Jubilee Hall, Taleigao organized by Goa University**



**Women's Kabaddi Team Secured Winners Position at Inter-Collegiate Women Kabaddi Championship held at Jubilee Hall, Taleigao organized by Goa University**



## **Indian Cricket Team - Champions Trophy - 2013**

The final of the 2013 ICC Champions Trophy was played on 23 June 2013 between England and India at the Edgbaston Cricket Ground, Birmingham. This was the 7th ICC Champions Trophy. India won the match by 5 runs.





**Secured Runners up position at the Inter-Collegiate Tiger Olympics Sports Event 2022-2023 organized by Chowgule College, Margao**



**College Men and Women Table Tennis Team secured Championship in both categories at the Invitational Inter-Collegiate Table Tennis Tournament organized by Dr. Dada Vaidya College of Education, Ponda Goa**



**INDIA KABADDI TEAM**

**Indian Men's Kabaddi Team**

The India Men's National Kabaddi team dominated Kabaddi at the international level by winning Gold Medals at the Asian Games in 1990, 1994, 1998, 2002, 2006, 2010, 2014, and 2022, as well as winning all three Kabaddi World Cup events to date.



# INTER CLASS COMPETITIONS ORGANISED BY DEPARTMENT OF PHYSICAL EDUCATION & SPORTS 2022 - 2023



Inter-Class Table Tennis



Inter-Class Chess



Inter-Class Football



INDIA KABADDI TEAM

## Indian Women's Kabaddi Team

The Indian Women's National Kabaddi team dominated Kabaddi at the international level by winning Gold Medals at 4 Asian Kabaddi Championships. The team won Gold Medals 3 times at the Asian Games. As well as won the World Cup four times.





**Inter-Class Mini Marathon**



**Inter-Class Badminton**



**Inter-Class Volleyball**



**Indian Cricket Team - Cricket T20 World Cup - 2007**

Twelve teams took part in the thirteen-day tournament—the ten Test-playing nations and the finalists of the 2007 WCL Division One tournament: Kenya and Scotland. India won the tournament, beating Pakistan in the final.





# MEGA SPORTS EVENT

## EXCELLENTIA 2022 - 2023



Excellentia was a mega inter-class sports event organized by the Department of Physical Education and Sports. The event had a total of 12 sports items & which ensured mass participation from students from all classes. Students who could not represent the college at inter-collegiate events participated in this inter-class mega sports event.



**DEEPA MALIK**

**Deepa Malik - Silver Medal - Paralympic - 2016**

She is the first Indian woman to win a medal in Paralympic Games and won a silver medal at the 2016 Summer Paralympics in shot put. She also won gold in the F-53/54 Javelin event at the para athletic Grand Prix held in Dubai in 2018.



# VPCIAN'S ALUMNI CRICKET LEAGUE 2022 - 23



VPCIAN's Cricket League was the 1st Alumni Cricket League organised by the Department of Physical Education and Sports in collaboration with the Alumni Association which witnessed 54 alumni and 18 current students taking part in this league. The students themselves own the team and contribute to the success of the league.



**BHAVINA PATEL**

**Bhavina Patel - Silver Medal - Women's singles Table Tennis Class 4 category**  
Bhavina Hasmukhbhai Patel is an Indian parathlete and table tennis player from Mehsana, Gujarat. She won a silver medal in Class 4 Table tennis at the 2020 Summer Paralympics in Tokyo.



## VPC STAFF CRICKET LEAGUE 2021-2022



Intra-institution Cricket men's tournament organized by the Department of Physical Education and Sports for teaching and non-teaching faculty of Prabodhan Education Society for the academic year 2021 - 2022. There were 3 teams participated in the competition with 42 registered players the teams were owned by faculty members

## VPC STAFF CRICKET LEAGUE 2022-2023



Intra-institution Cricket men's tournament organized by the Department of Physical Education and Sports for teaching and non-teaching faculty of Prabodhan Education Society for the academic year 2022 - 2023. There were 3 teams participated in the competition with 48 registered players the teams were owned by faculty members



**NISHAD KUMAR**

### **Nishad Kumar - Silver Medal - Men's High Jump T47**

Indian Paralympian and High Jumper Nishad Kumar won a Silver Medal at the World Para Athletics Championships in Paris. Nishad won the silver medal with his sixth and final attempt in the event with a 2.09m leap.



## OTHER SPORTS ACTIVITIES



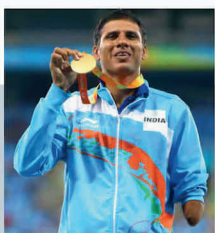
Fun games were organized for Students, teaching, and non-teaching staff to celebrate National Sports Day in College.



Students and staff participated and performed Asans, Pranayam on the occasion of International Yoga Day Celebration



Students of Final year B.A.B.Ed class enjoyed adventure trip to Pali waterfall organised by Department of Physical Education and Sports.



**DEVENDRA JHAJHARIA**

### **Devendra Jhajharia - Silver Medal - Men's Javelin Throw F46**

He became India's most decorated Paralympian with his silver medal in the men's javelin throw F46 class. It added to his two Paralympic Gold Medals at Athens 2004 and Rio 2016 Games.

Devendra Jhajharia threw a new world record 64.35m in the final, eclipsing his previous record.



# VIDYA PRABODHINI COLLEGE AS HOST



**Organised Inter-Institutional Cricket for Men. 16 institutions participated & Badminton for Women 8 institutions participated.**



**Organized Inter-Colligate Kabaddi tournament for both Men and Women. Total of 19 colleges in the men's category and 16 in the women's category participated in this event.**



**AVANI LEKHARA**

**Avani Lekhara - Gold Medal - Women's 10m Air Rifle shooting standing SH1**  
Avani Lekhara (born 8 November 2001 in Jaipur) is an Indian Paralympian and Rifle Shooter from Rajasthan. She won a Gold Medal in the 10m air rifle standing and a Bronze Medal in the 50m rifle 3 positions at the 2020 Summer Paralympics.



# DEPARTMENTAL CONTRIBUTION TOWARDS SPORTS IN GOA



Students and staff of Vidya Prabodhini College performed duties as officials at the Purple Feast Table Tennis Nationals organized for specially-abled participants



Vidya Prabodhini college organised Table Tennis competition for specially-abled participants in association with GTTA



College Director of Physical Education Mr. Sunny Kanekar performed duty as the official Time Keeper at the International Science Festival GWR event



67 Students of Vidya Prabodhini College performed duties as General & Sports Specific volunteers at the 37th National Games hosted in Goa. Faculty members of this college were also deputed as Nodal Officers during this event.



MANISH NARWAL

### Manish Narwal - gold medal - men's 50m pistol SH1

Manish Narwal won the Gold Medal in men's 50m pistol SH1 at the Tokyo Paralympics with a solid display at the Asaka Shooting Range. After qualifying for the final as the seventh-best shooter, Manish Narwal upped the ante in the medal round and shot a Paralympic record-setting 218.2 to claim the top spot on the podium.



# SPORTS FACILITIES AVAILED OUTSIDE CAMPUS



## OPEN PLAY GROUND

Used for Playing

- Football
- Baseball
- Handball
- Cricket
- Athletics Running Events

## TENNIS COURT



## BADMINTON COURT



DREAM IT.  
BELIEVE IT.  
ACHIEVE IT.

